

CONFLICT CAPABLE™
SOLUTIONS

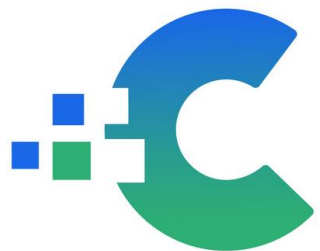
Conflict Capable Leadership

Presented by Anna Nielsen, Founder



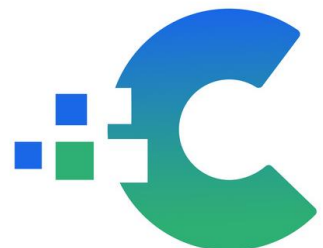
LET'S LEARN THIS!

- Your conflict identity
- Your org's relationship with conflict
- New skills to grow your conflict confidence



Conflict is a Problem

- COSTS ORGANIZATIONS OVER \$300 BILLION PER YEAR
- MANAGERS SPEND 2-5 HOURS PER WEEK DEALING WITH IT
- 60% OF EMPLOYEES HAVEN'T HAD CONFLICT RESOLUTION TRAINING

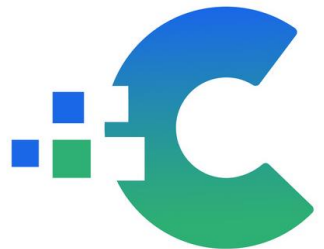


A large group of orange and pink goldfish swimming in a tank, with a white mesh divider at the top. The fish are densely packed and looking towards the camera. The background is a deep blue color.

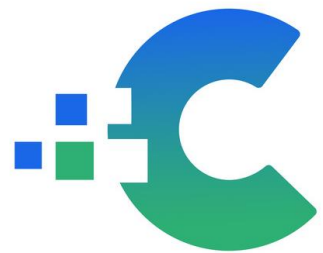
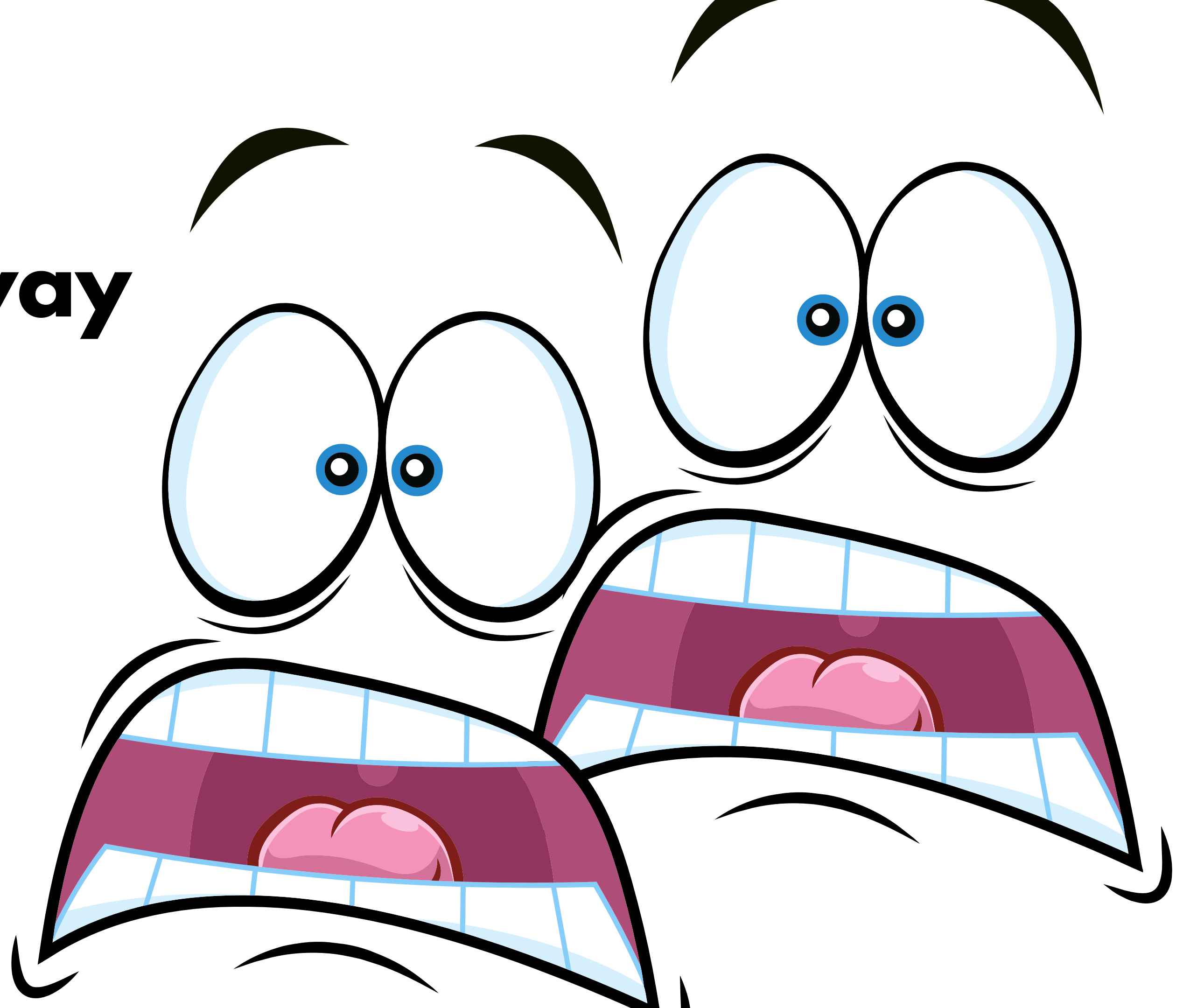
You need a plan.

Underneath Conflict

Brilliant ideas and the relationships that
make those ideas come to life.



Shift Your Mindset Away From Fear



Shift Your Mindset

The solutions start with you

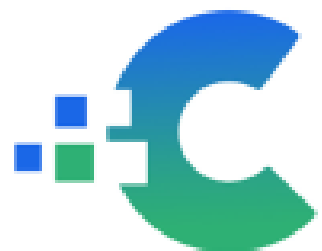
“

**CONFLICT BUILDS
CONNECTIONS**

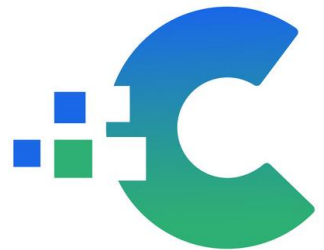
**CONFLICT CREATES
POSSIBILITIES**

**CONFLICT FOSTERS
INNOVATION**

”



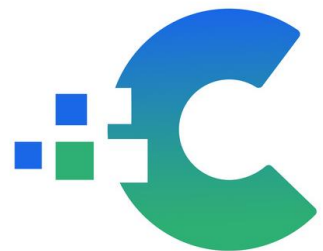
CONFLICT
is the
CATALYST™



Shift Your Mindset Here's How:

Question 1:

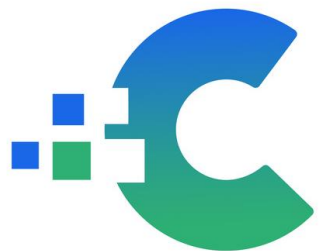
What will I be able to GIVE by being better at approaching conflict?



Shift Your Mindset Here's How:

Question 2:

What will I be able to GET by being better at approaching conflict?



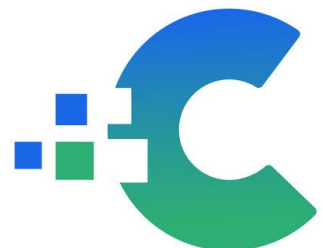
Reframe Conflict

from

Conflict is terrifying!

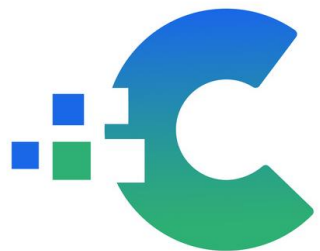
to

Conflict is



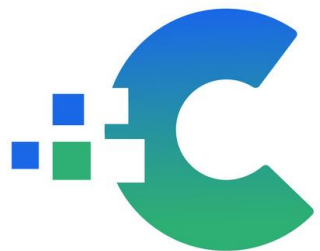
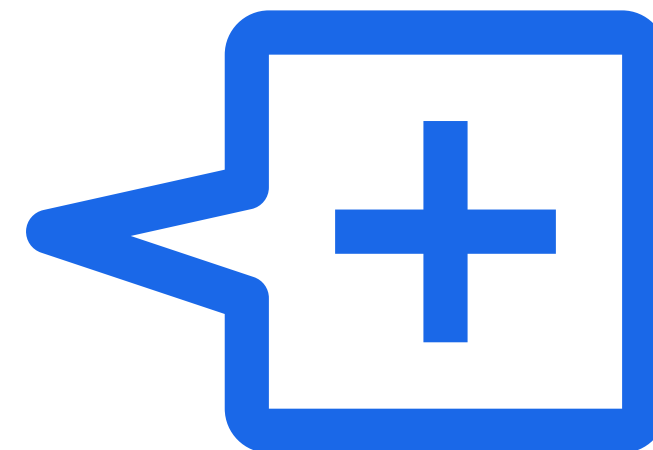
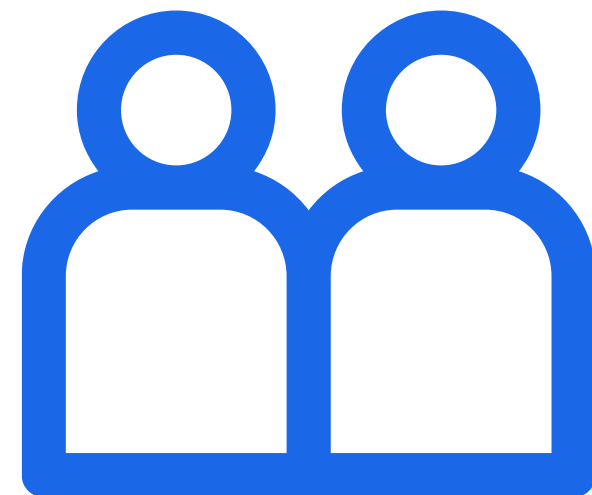
Understanding Conflict

**Root Cause:
Deeply Held Beliefs**



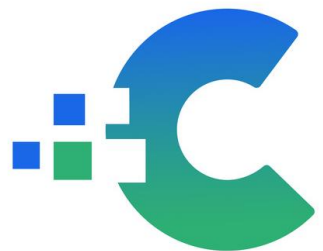
Understanding Conflict

**Root Cause:
Unmet Needs**

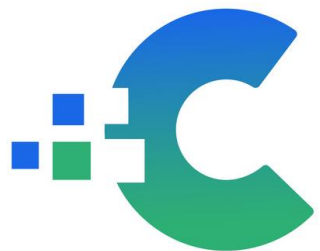


5 HIDDEN DIMENSIONS OF CONFLICT

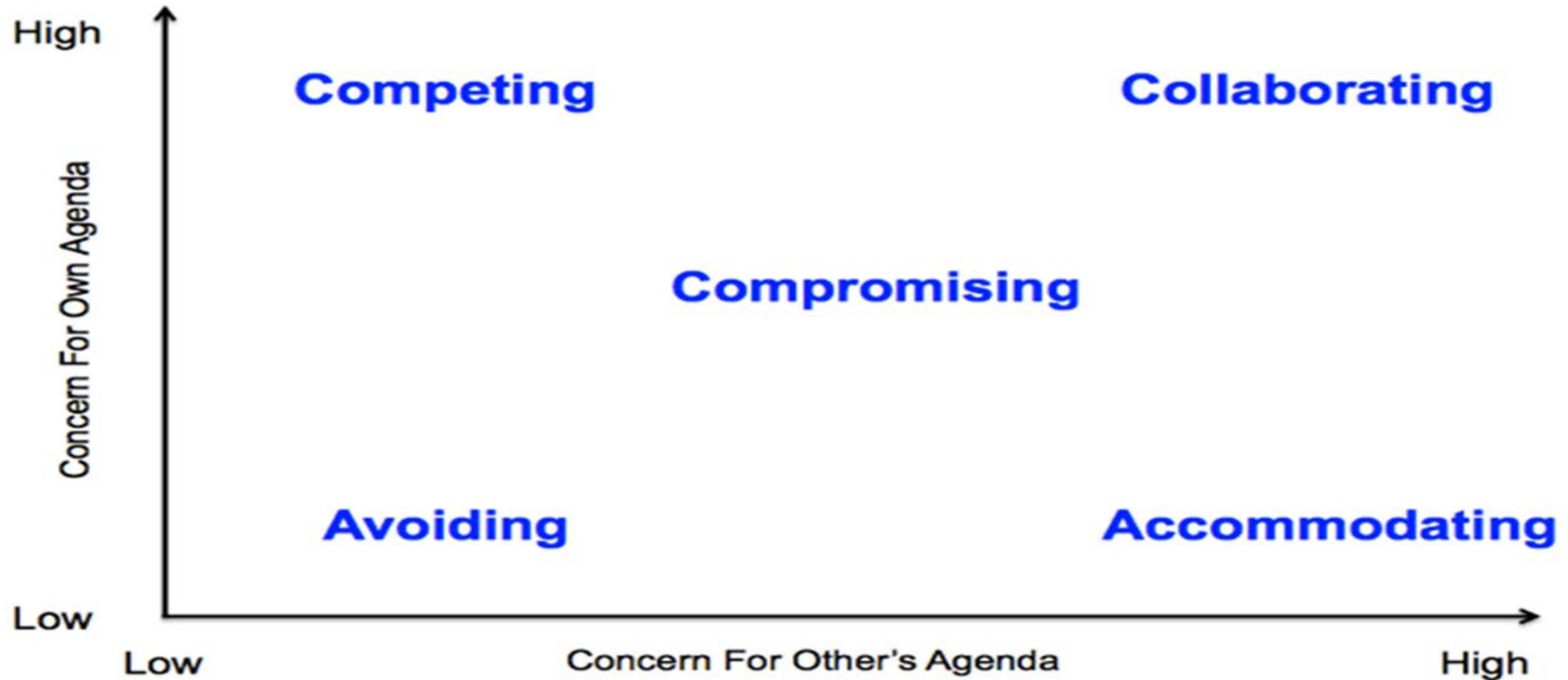
- Family
- Culture
- Education
- Work
- Personal



**HOW WAS
CONFLICT
HANDLED IN
YOUR FAMILY?**



INDIVIDUAL CONFLICT STYLES



What is your organization's conflict personality?



The Open Door



The Nothing to See Here



The Not Now



The Gossips



The Innovators

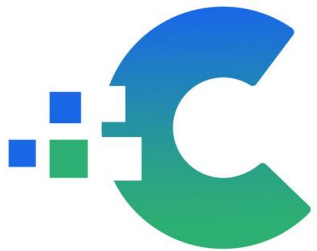




No plan

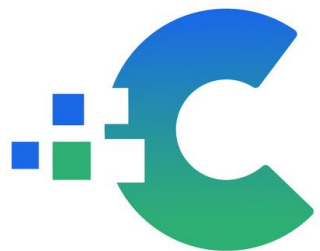
New mindset

More conflict capable!



Underneath Conflict

Endless possibilities and answers to questions you didn't ask.

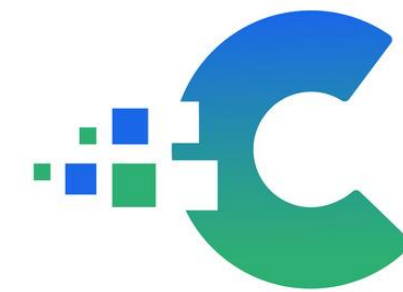




LET'S CONNECT.

anna@conflictcapable.com

conflictcapable.com



CONFLICT CAPABLE™
SOLUTIONS

Training | Leadership Development | Organizational Transformation | Speaking